## <u>COCONUT MILK – 17% FAT</u>



Sri Lankans love coconut milk. Rice mixed with coconut milk for breakfast, fish cooked in coconut milk and served with rice along with other dishes for lunch and hoppers, a mix of coconut milk and rice flour cooked in a pan are all daily delicacies Sri Lankans enjoy.

Coconut milk squeezed out from selected fresh coconuts are pasteurized and packed in a can is just what you need for your daily coconut requirements. You simply need to open the can and pour its content.

Coconut milk and coconut cream vary from its fat content. More than 20% fat is called coconut cream whereas less than that is called coconut milk.



## Key highlights about Coconut Milk

Ingredients – Coconut (45%), Guargum \* (Optional)

What great about - Vegan, Gluten Free, Cholesterol Free, Non GMO, Lactose Free

Preparation Instructions – Mix in your smoothie, soup, hot chocolate, use making wide array of desserts and confectionary. Also best in making traditional Asian curries.

Production Facility - ISO22000 Certified.

## **Nutritional Panel**

Nutritional Information - 400ml		
Servings per package	6.5	
Serving size	60ml	
	100g	60ml
Energy Value	697Kj / 167Kcal	418Kj/100Kcal
Total Fat	17g	10g
of which saturated fat	15g	09g
Total carbohydrate	2.5g	1.5g
of which sugar	0.5g	1.3g
Dietary fiber	Og	Og
Protein	1.5g	0.9g
Salt	Og	Og

- Origin Sri Lanka
- Shelf Life 24 Months from the date of Manufacture
- Storage Store in a cool dry place away from direct sunlight. Once opened refrigerate for reuse.
- Allergen Coconut Only